

# Bring out their best through

# dance!



Type of Dance 舞蹈類別: Jive (牛仔舞)

## Course Features 課程特色:

- Improve coordination, flexibility, and balance; and cultivate spatial awareness and a sense of rhythm; 提升身體協調性、柔韌度與平衡能力，培養空間感知與節奏感
- Learn basic dance movements and techniques in a systematic approach according to their ages and levels. 促進兒童大肌肉與精細肌肉的發展，全面提升身體素質
- Enhance expressive skills and build confidence through dance training; 根據年齡與能力分級教學，系統學習舞蹈基礎動作與技巧
- Promote the development of both gross and fine motor skills, enhancing overall physical fitness. 通過舞蹈訓練增強表達能力，建立自信心態

## Course Details 課程詳情:

Age 年齡: K2-K3

Date & Time 日期及時間: Every Friday 逢星期五 13:45 - 14:45

Fee 價錢: **HK\$1200 / 5 lessons 堂**

**+ HK\$250 Dancewear 舞衣及舞鞋**

## Contact Us 聯絡我們:



2560 3322



chatsworthhk@gmail.com



9714 9265



166 Boundary Street, Kowloon